



STATE OF MARYLAND

DHMH

Maryland Department of Health and Mental Hygiene

Lawrence J. Hogan, Jr., Governor – Boyd K. Rutherford, Lt. Governor – Van T. Mitchell, Secretary

IMPORTANT NOTICE

February 25, 2015

Dear WIC Vendor:

A revision to the October 2014 Maryland WIC Authorized Foods List is currently being printed and will be in effect on **April 1, 2015**. Attached is an image of the new WIC Authorized Foods List which includes the following revisions:

- **Milk:** On the “Do Not Buy” list, added super skim or ultra skim.
- **Fruit and Vegetable Check-Fresh, Frozen and Canned:** On the "Do Not Buy" list, removed all white, red-skinned, or gold potatoes since WIC will now allow all fresh, frozen or canned potatoes that do not contain any breading, butter, sauce, fat, or oil. French fries and tater tots will remain on the "Do Not Buy" list as they contain ingredients that are not allowed.
- **Fruits and Vegetables Check– Canned:** On the “Do Not Buy” list, added pouches or smoothies.
- **Breads & Rolls:** Added to Breads: Schmidt Old Tyme 100% Whole Wheat Bread, ShopRite 100% Whole Wheat Bread, and Stern’s 100% Whole Wheat Bread;
Removed from Breads: Safeway 100% Whole Wheat Bread;
Added to Rolls: Stern’s 100% Whole Wheat Rolls;
Removed from Rolls: Nature’s Own 100% Whole Wheat Rolls.
- **Tofu:** Removed: Azumaya Lite Extra Firm, House: Soft (Silken), and Nasoya: Extra Firm, Firm, Cubed, Soft, Lite Firm, and Lite Silken.
Changed: container size to *16 ounces* only.

Both the revised (Effective April 2015) and current (Effective October 2014) WIC Authorized Foods Lists must be honored through June 30, **2015**. **Beginning July 1, 2015, only the revised Foods List is authorized.** A supply of the new foods list will be mailed to each store prior to April 1, 2015. The Required Minimum Stock has not been changed.

Please ensure that all store personnel are familiar with these revisions. The WIC Authorized Foods list is also available online at www.mdwic.org. If you have any questions, or require additional copies of the English or Spanish version of the WIC Authorized Foods List, please contact Tiasha Taylor at 410-767-3519 or Terri Buckler at 410-767-5722. You may also reach us toll-free at 1-800-242-4WIC (4942).

Sincerely,

Jacqueline Marlette-Boras, MHS, RD, LDN
Director, Maryland WIC Program

cc: WIC Local Agencies